

First Metaphysical Church



**June
2017
NEWSLETTER**



Join with us in celebration of our 2017 graduates

Cohen Reynolds...high school...son of Diana Reynolds

Rebecca Kinard...high school...granddaughter of Rev Linda Kinard

Choli Delgado...high school...granddaughter of Cynthia Compton

Gabriell Betz...high school...daughter of Anna Lambrix

Jessica Guilford Marek...Energy Touch School of Advanced Healing

Summer Time, Summer Time!

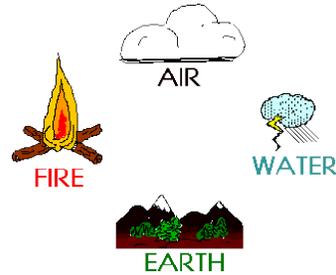
April showers bring May flowers and what do those flowers bring? Sunshine and warmth. Let's get together and play together! It has been suggested that we have a camping night with bon fire and drumming at the church. How about an outside service? A pot luck BBQ? A front porch painting party? Outdoor game day prior to a Sunday service?

It is my goal to fill this church with laughter and love! To do that we need to play together and have family style activities together. If it's fun, let's do it! Maybe we can even plan a field trip somewhere. I would love to do an adult only retreat and have a great suggestion for a place to have it at.

So, the youth group will make and decorate our "Fun Suggestion Box", and we will place it on the front table. There will be paper and something to write with. Put your thinking caps on, and if it's fun suggest it! Let's see how much laughter we can make this summer! V Guindon President of the Board of Directors

YOUTH GROUP PLANS

Youth directors are planning to study the Elements throughout the summer months: June is the Earth, July will be Air, August is Water and September will be Fire. Learning can be so much fun!



Litha



Litha (pronounced Lee-tha) is the celebration of the midsummer solstice. It is also known as Alban Heriun (or Hefin) to the Druids, and the Feast of St. John to the Christians. The name Litha is thought to be derived from the Saxon names for June and July. June was known as "Aerra Litha", meaning "before light", and July was known as "Aeftera Litha", meaning "after light." Since the sun is at its zenith at the summer solstice, it seems logical that Litha referred to the solstice when daylight was at its longest, at the middle of "before light" and "after light". Traditionally, the Holly King overcomes the Oak King at Litha and the slow descent to the longest night at Yule begins once again.

As with other agrarian celebrations, there are a lot of customs and folklore associated with the summer solstice. In England, rural villagers built a big bonfire on Midsummer's Eve. This was called "setting the watch," and it was believed that the fire would keep the evil spirits out of town. Some farmers would light a fire on their land, and people would wander about, holding torches and lanterns, from one bonfire to another. If you successfully jumped over a bonfire you were guaranteed to have good luck for the coming year.

After your Litha fire has burned out and the ashes have gone cold use them to make a talisman. You can do this by carrying them in a small pouch, or kneading them into some soft clay and forming an amulet. In some traditions of Wicca, it is believed that the Midsummer ashes will protect you from misfortune. You can also sow the ashes from your bonfire into your garden, and your crops will be bountiful for the rest of the summer growing season.

Sun wheels were used to celebrate Midsummer in some early pagan cultures. A wheel -- or sometimes a really big ball of straw -- was lit on fire and rolled down a hill into a river. The burned remnants were taken to the local temple and put on display. In Wales, it was believed that if the fire went out before the wheel hit the water, a good crop was guaranteed for the season.

William Shakespeare associated Midsummer with witchcraft in at least three of his plays. A *Midsummer Night's Dream*, *Macbeth*, and *The Tempest* all contain references to magic on the night of the summer solstice.

Litha celebrates abundance, fertility, virility, the beauty and bounty of Nature. Harnessing the Sun's great power makes all types of magic appropriate now. It was also a popular time for marriages or handfastings, as they were known.

Honey has long been associated with fertility and beauty, as well. In the Bible, God's Promised Land was referred to as the land of milk and honey. Honey was one of the few natural sweeteners available in ancient times. In the British Isles, as a wedding gift, a couple would be given enough mead, an alcoholic drink made from honey, to last from one full moon to the next, thus leading to the term *honeymoon*, and this was to ensure the couple's fertility as they began their new life together.

Some activities to celebrate Litha include:

- Have children make their own Green Man mask. Cut holes for eyes in a paper plate and glue on leaves and small branches.
- Leave out milk and honey as an offering to the Fae folk.
- Have a mock battle between the Oak and Holly King, (make sure the Holly King wins!)
- Try fire scrying, staring into the flames of your bonfire and look for images in the leaping flames.
- Make protection amulets for friends and family with the cold ashes from your Litha bonfire.
- Go berry picking. Have children choose their best berry and throw it back into the berry bushes as they thank the Goddess and the bushes for the fruit.

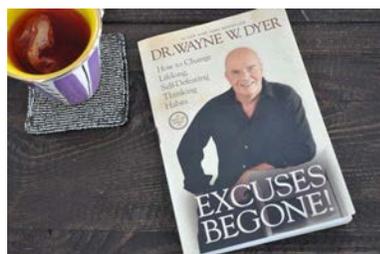
Midsummer is a wonderful time of the year. Take time out of your mundane schedule to enjoy the bounties of this beautiful time on the Wheel of the Year. Join us for a Litha ritual on Sunday, June 25th at 2:30pm.

UPCOMING CLASSES AT FMC

Excuses Begone by Dr. Wayne Dyer

Dr. Dyer reveals how to change the self-defeating thinking patterns that have prevented you from living at the highest levels of success, happiness, and health.

Mondays, June 5, 12, 19, and 26 at 7pm
Love donation



Meditation

Join us every Thursday night as we meditate with a group of like minded people. An FMC minister is always present to help and direct the meditation.

Thursdays, June 1, 8, 15, 22, and 29 at 7-8:30 pm
Love donation



Chinese Martial Art of Kung Fu/Tai Chi

Tuesdays, June 6, 13, 20, and 27 at 7pm
\$10 per person



"All day" Craft day

Saturday, June 3, 10am to 9pm
Cost: \$5 donation covers lunch Hostess:
Mellissa Rozell. Let's spend the day getting
our "craft" on. Bring whatever you may be
working on; bring a friend if you wish. Bring
your own supper.



FMC Holistic Psychic Fair

Saturday, June 10, 2017 11am-6pm
Tarot-Soul Cards, Spirit Communications,
Angel Cards, Runes, Native American Medicine
Cards and more! Crafts People, Artists and
Healers.
Door Donation \$3 Readings start from \$10



Living Aura Photography

Sunday, June 11, 2017 2pm-5pm Cost: \$35
Facilitator: Reverend Bonnie Neighorn
The first part of the class you will learn about
Chakras, auras and colors...then watch your
own living aura on a monitor screen as it
changes shape and color with your thoughts.
Experiment with gemstones, oils, pictures and
meditation to see how they affect your aura.
Bring your camera to record your session.



Tarot, Cards of Mystery

Starting Wednesday, June 14th and runs through August 2nd, 2017 7pm-9pm

Cost: \$20 initial fee, love donation for following weeks Facilitator: Tessa Piontek

This is an 8-week class where you will learn to uncover the secrets of the tarot, including its history, the traditional meaning of each card, what the symbols on the Rider-Waite-Smith (RWS) deck signify, and some of the more common reading spreads. Taught by Tessa Piontek, author of "Tarot for the 21st Century."

For the initial cost of \$20 you will receive a signed copy of her book.

Also required will be a RWS deck and a blank journal, both available for purchase, if you do not have them already. Cost for the remaining 7 weeks will be a love donation. Suitable for adults and children, however children under 18 must be accompanied by an adult.



Make your own Scrying Mirror

Saturday, June 24th, 2017 11am - 3pm Cost: \$10.00 Facilitators: Ginger 313-570-7316 guindonvirginia@gmail.com and Tessa 734-377-1504, piontek.t@gmail.com

scrying mirror. All you need to bring is a picture frame including the glass. The rest of the materials will be provided. After we have finished making our mirrors we will spend the balance of the class practicing our scrying skills.

Scrying is a form of divination by looking into and focusing into an object such as a crystal ball, a flame, a bowl of water, or a mirror. This class will show you how to make your own



Spending the Day with Crystals

Saturday, July 1, 2017 10am-5:30pm Facilitator: Rev Bonnie Neighorn 810-516-2050

Let's spend the day with crystals, Mother Nature's gift for all. She has provided us with wonderful minerals that we know as crystals and gemstones. I call them Earth Angels because of their wonderful healing properties. Learn how to choose a stone and program it for enhanced meditation, healing prosperity and more.

- ❖ Learn about Crystals 10am-12:30pm \$20 includes free crystal
- ❖ Learn how to wire wrap jewelry 2pm-3pm \$10 includes free gemstone and wire
- ❖ Learn how to wire wrap with square wire 3:30pm to 5:30pm \$10 includes free gemstone and wire.





God answers all “Knee mail”

Hypnosis Certification

Friday, Saturday, and Sunday August 18, 19, 20, 2017

Facilitator: Rev Bonnie Neighorn 810-516-2050

Hypnosis is being recognized more and more every day as a valid therapy for dental and medical patients, losing weight, to stop smoking or pain control to name just a few of the wonderful results that can be obtained. If you are interested in a new career or you want to enhance your healing modalities, this is a great opportunity. Become a certified hypnotherapist in one intensive weekend.

You will learn:

- How to hypnotize
- Hypnotic tests
- Hypnotic inductions
- How to create hypnotic scripts for any need
- How to set up your business
- How to find clients
- How to work with the medical profession
- Professional ethics and more

This is being offered all together for the first time.

Become a Certified Hypnotherapist and Certified in Regression Therapy

- **Hypnotherapist Certification** Friday, August 18, 6pm-9pm and finishes Saturday, 10am-4pm
Cost: \$325 (refresher only \$50)
- **Regression Therapy** Saturday, August 19, 6pm-9pm and finishes Sunday, 10am-2pm

Cost: \$175 (must have hypnotherapist certification already) (refresher only \$50)

Both classes together costs only \$475.

Please contact Rev Bonnie at 810-516-2050 to reserve your spot!



Wicca 101

Wednesdays, August 23 through October 11,
2017 7pm-9pm Cost: Love donation

Facilitator: High Priestess

Tessa Piontek 734-377-1504

Learn the basics of Wiccan philosophy and ritual in this 8-week course. The Wheel of the Year, the eight Sabbats, casting a circle, the elemental directions, spells, chants, the God and Goddess, as well as the various traditions will be among the topics covered. Altars can be as simple or as elaborate as you wish so

creating your own altar tools will also be covered. This will be a hands-on class taught by Tessa, a 20+ year dedicant and High Priestess.



**Our new FMC t-shirts are available
for purchasing now!**

Prices are as follows:

- Youth sizes thru adult x large \$12.00 each.
- 2x large is \$12 and 3x large is \$15.00.

Pay to Jeniel Payne church treasurer



FMC Hippie Fest

August 12, 2017

11am-6pm



Admission \$6 per person
Children \$3, 5 years and under free.

First Metaphysical Church
8267 E Atberton Rd. Davison, MI 48423
810-653-3291

Hey there all of you Groovy Cats and Chicks;
cruise out to our Bunker and join us for our
Twitchin' Hippie Fest.

It's gonna be a Blast!

Pack up the baby and grab the old lady and
head on down and check it out; we have
Peddlers , Flower Children , Healers and Seers.
Come Hang Loose, spend some Bread around
and get your Groove on.

We are going to have some Cool Happenings,
tasty Grub, and great Beats for all ages.

Grab your Love Beads and join us for this
Righteous event!



See Rev Nicky Highlen for your ideas
superwoman422001@yahoo.com

NEXT MEETING IN JUNE

JUNE 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Meditation 7:00	2	3 CRAFT DAY 10am-9pm
4 NO Board Meeting	5 Excuses Begone 7pm	6 Tai Chi 7pm \$10	7	8 Meditation 7:00	9 Fair Set Up 6pm	10 Psychic Fair 11:00 - 6:00 \$3 admission
11 AURA PHOTOGRAPHY 2pm-5pm	12 Excuses Begone 7pm	13 Tai Chi 7pm \$10	14 TAROT 7pm-9pm	15 Meditation 7:00	16	17
18	19 Excuses Begone 7pm	20 Tai Chi 7pm \$10	21 TAROT 7pm-9pm	22 Meditation 7:00	23	24 SCRYING CLASS 11am-3pm
25 LITHA 2:30pm Pot luck 4pm Drumming 5pm	26 Excuses Begone 7pm	27 Tai Chi 7pm \$10	28 TAROT 7pm-9pm	29 Meditation 7:00	30	July 1 Spend the day with crystals



FMC Wholesale Distributer

FMC offers the following:

1. Any member or friend/family can pre-order from the Young Living Catalog (Wholesale prices...40% off retail prices) plus 6% Michigan tax, and \$2.00 S+H. Orders go in at the first week of each month. See our face book page under "files" for catalog and prices or look through our catalog on Sunday nights.

Applying Young Living Essential Oils

Aromatically: All of the oils -including blends- may be diffused.

Inhaling: It takes 22 seconds for oil to reach the brain!

Topically: All of the oils can be applied to the Vita Flex points on the feet, added to bath water mixed with Epsom salts, applied topically on location or used with body and foot massage. When applied topically, it takes 2-3 minutes for the oil to reach the blood stream, 20 minutes to affect every cell in the body, and 2 ½ hours to fully metabolize.

FMC will not be liable for the use of the oils

Ginger Guidion - guindonvirginia@gmail.com

Tess Piontek - piontek.t@gmail.com



First Metaphysical Church Members June Birthdays

Heide Phaneuf 6-2
Sarah Still 6-6
Rev Bob Wahl 6-9
Laura Hart 6-17
Brian Roman 6-21
Rhonda Long 6-22
Deb Palmer 6-23
Kim Zingler 6-24
Toni Morgan 6-9
Rev Bob Highlen 6-12
Terry Moore 6-20

Lisa Manville 6-27
Rhonda Jenkins 6-22
Traci Parker 6-23
Diana Redman 6-3
Roxanne Ross 6-21
Jim Walker 6-7
Diana Lea Reynolds 6-3
Kristin Nix 6-16

Youth: Mikaela and Jonathan Moore 6-12
Scarlet Jackson 6-4

FMC BOARD OF TRUSTEES 2017

Head Minister Rev Connie Lundy
248-627-2841

President Ginger Guidion
guindonvirginia@gmail.com

Vice President Tessa Piontek
piontek.t@gmail.com

Treasurer Jeniel Payne
810-399-6722

Secretary Melissa Rozell
810-394-2330

Trustees

John Lundy 248-627-2841
Jim Haywood 810-768-3149
Jim Walker 248-707-6006
Cheri Cook 810-259-1686
Mica Davis 248-622-8721
Kristen Senters 810-965-5692

Minutes from the Board of Directors meetings are available to all members of the Congregation anytime. Ginger Guidion

We are an Inter-faith organization, and we honor the truth in all religions. We accept people of all faiths and invite everyone to join us in our spiritual journeys. It doesn't matter by what name you call your God or Goddess; it's what's in your heart that counts. Your own individual path to spiritual growth is always accepted in this church without judgment as long as you harm no one. We believe in the Divinity of each person and the sacredness of nature.

FIRST METAPHYSICAL CHURCH
8267 E ATHERTON ROAD
DAVISON, MI 48423

Harmony Hall rental: Seats 100 people
Please call for information: 810-653-3291

Living is Learning to Love

How to find us... Webpage: www.firstmetaphysicalchurch.org

<http://spirituality.meetup.com/432/>
Face book: First Metaphysical Church Group

